
Help- and contact points in the event of sudden death of a loved one

The sudden death of a loved one or a sudden, unexpected accident can leave people overwhelmed and helpless. The first few minutes and hours can be particularly stressful.

In acute emergencies always call **112 (ambulance)** and:

- There are various hotlines and helplines for medical or mental health emergencies.
- Call the emergency services if the situation is life-threatening or there is a risk of permanent damage.
- The non-emergency medical assistance line should be called in urgent but non-life-threatening situations when the medical practice is closed.
- The Telefonseelsorge (German telephone helpline) is a potential point of contact for people with urgent psychological problems. There are many other crisis helplines in the various regions.
- In the case of poisoning call the poison control center; if the situation is life-threatening, call the emergency services on [112](#).

Further contact points in Nordhausen:

1) Raum für Trauer:

Sometimes our grief is so great that we feel unable to meet others who are already grieving. If you would like a one-on-one conversation in a safe environment, you can arrange an appointment with me by phone.

Contact person: Ricarda Rössler
Tel: 03631 460 8910
E-Mail: info@raum-trauer.de
Address: Rautenstraße 32, 99734 Nordhausen
Link: www.raum-trauer.de

2) TrauerWelten e.V.

Trauerwelten e.V. in Nordhausen is there for all grieving people. They offer the opportunity to participate in self-help groups, attend individual consultations, and even attend memorial services.

Contact person:

P. Tobias Titulaer

Phone: 03631-973810

E-Mail: information@trauerwelten.de

Address: Käthe-Kollwitzstraße 8, 99734 Nordhausen

- 3) For crises of any kind, the **Social Psychiatric Service (Sozialpsychiaterischer Dienst)** is generally responsible:

Contact persons:

The responsibility depends on the

Initial letters of your last name:

Surname A-Gn: 03631-9115603

Surname Go-L: 03631-9115604

Surname M-Sch: 03631-9115602

Surname Sd-Z: 03631-9115601

E-Mail: sozialpsychiatrischer-dienst@lrandh.thueringen.de

Address: Behringstraße 3, 99734 Nordhausen

4) **Hospizverein Nordhausen e.V.** - Guide: When the path becomes difficult

The association's brochure lists various bereavement support services, such as a bereavement café, bereavement seminar, etc.

Link (brochure): https://hospizverein-nordhausen.de/angebote-im-land-kreis/wegweiser-wenn-der-weg-schwer-wird/#flipbook-df_1064/1/

5) You can call the **pastoral care hotline** free of charge and anonymously at **0800 101** to reach.

6) Furthermore, there is the contact point "**Verwaiste Eltern**" in Nordhausen: Bereaved parents Nordhausen

Link: <https://nordhausen.veid.de/>